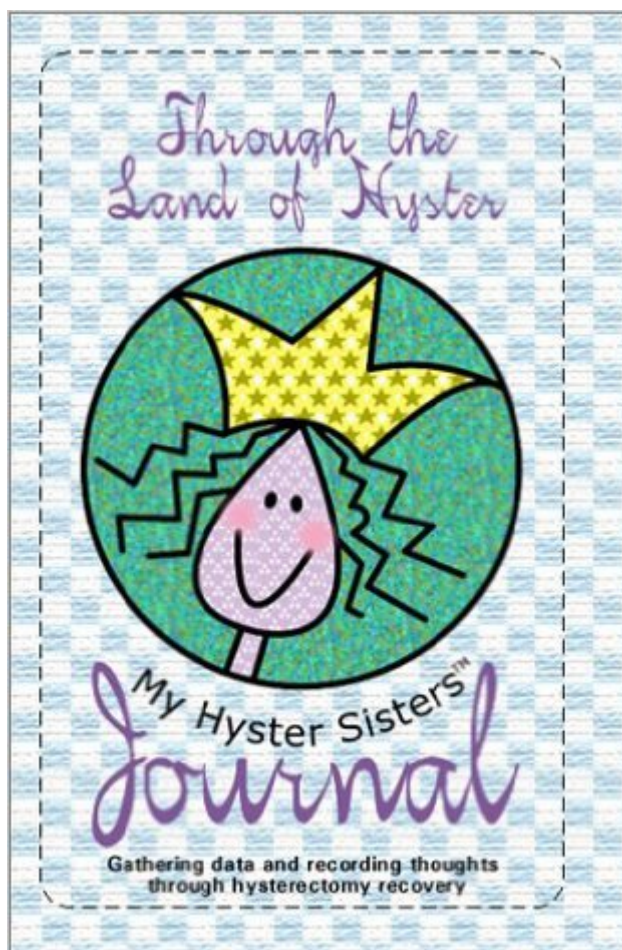


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My Hyster Sisters Journal



Synopsis

No matter what, planning any surgery is difficult. Use the journal to write down what the doctor tells you. Write down what you want to remember to ask the doctor. Keep track of your medications. Write down your personal thoughts along the way. Its hard to think straight when you are stressed out: Let the Hyster Sisters checklists be of benefit to you. And after you have tracked your pre-op and post-op questions and answers, use this journal to write about your journey through the Land of Hyster, day by day. (Spiral bound, 125 pages)

Book Information

Spiral-bound: 125 pages

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